

'FOR YOU' MENTOR





A MESSAGE FROM INCLUDE YOUTH

DEAR APPLICANT,

Include Youth Ireland is currently looking to recruit Mentors for its 'For You' and 'For You Connect' Project:s - based in Cavan/Monaghan area

FOR YOU - The role of the Mentor is to support young people, encouraging resilience and personal development supporting stability and positive relationships within the home. Young people will be offered an individually tailored programme based on identified needs. Mentors will be matched with young people based on interests and availability

FOR YOU CONNECT – The role of the Mentor is to support transportation needs for young people and opportunities to support Access Visits (does require training)

You can apply for be on the Mentor List for both aspects of the project.

The closing date for submission is 12 noon, Friday 13th March 2026.

Late applications will not be considered.

Full details of the Mentor post are on pages 7-11 of this document with how to apply details on page 13. If you have any queries please email jackie@includeyouth.org.

Yours sincerely

Claire Meenehan
Regional Director

Who We Are

Include Youth is a rights-based charity for children and young people in or leaving care, from disadvantaged communities or whose rights are not being met.

We work to improve employability, personal and social development enhancing inclusion, integration and good relations.

Include Youth influences public policy led by the voice of children and young people, evidence based practice and international children's rights standards.



Our Approach

Adopting a youth work based approach, we work alongside young people in order to provide life changing opportunities.

We provide a tailored wrap around service that helps young people gain qualifications, employability skills, develop self-confidence and a better understanding of cultural diversity and inclusion.





Our Vision

Include Youth's vision is of a society that realises and fulfils the rights and potential of all children and young people.

Our Values



Equality

We focus on driving equality amongst young people and in wider society, ensuring all young people have access to opportunities to improve their lives



Inclusion

We believe in an inclusive society, where regardless of background, everyone should have a voice. Include Youth involve and advocate for young people from all communities, creating a truly inclusive environment throughout Northern Ireland and across the border.



Opportunity

Through our work we ensure that young people are provided with opportunity to excel and thrive. By facilitating accessible programmes, we can drive opportunities for the most disadvantaged in society and create opportunity for all.



Integrity

We work in a respectful, helpful and transparent manner with our young people so we can advocate for them and achieve the best outcomes.

Our Services



Give and Take

Give and Take is a regional youth work intervention project to support care experienced young people aged 16 to 24 years old. It offers individually tailored programmes with core themes being; supported work experience, personal development, OCN qualifications, mentoring and transitional support. We have recently expanded Give and Take into Cavan/Monaghan and Tallaght.

Give and Take One to One is a programme that supports young people who are at risk of or have experienced Child Sexual Exploitation. It builds on protective factors and helps to improve their health and wellbeing in a supportive way



One to one



Expert By Experience

This project is led by young people, working directly with their peers. It builds upon Include Youth's '**Expert by Experience**' (EBE) model of participation which empowers young people to lead. It employs 15 care experienced EBE's who will be supported to mentor other young people to become change makers and policy advocates.

We are committed to ensuring that the voice of young people is at the centre of decision making. We promote and protect the **rights of children and young people** and provide opportunities for young people to influence policy and decision makers. We support young people to develop their campaigns on issues which matter to them.



Policy

We deliver a range of **accredited training and workshops** such as;

Awareness raising workshop
on Child Sexual Exploitation,
OCN NI Level 2 in Understanding Child Sexual Exploitation,
OCN NI Level 4 in Supporting Care Experienced
Children and Young People
OCN NI Level 2 in Mentoring Practice



Training

JOB

Employability

Employability services offers one to one support for young people hoping to transition into employment and help them navigate this move. It offers: CV building, supported work placements, taster days, interview techniques and personal development support .

Strive is a cross-border, cross-community, good relations programme for young people aged 14 to 24 led by Include Youth in partnership with Youth Initiatives, Newstart Education Centre, Northern Ireland Alternatives and Lifford Clonleigh Resource Centre. Strive is an intensive youth-led youth work programme . It engages young people in a transformative process, focusing on four core strands: good relations, citizenship, personal development and employability.

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Strive



Heads Up

Our Generation (Heads Up) will develop and deliver programmes to increase mental health literacy, enhance emotional resilience, build the leadership skills of children and young people (aged 9-25) and will lead research in mental health and the impact of trauma on our communities. This programme operates throughout Northern Ireland and border counties.

Job Description

Job Title:	For You Mentor
Responsible to:	'For You' Project Lead
Based at:	Covering the Cavan/Monaghan areas
Working:	Flexible - daytime, evening, weekends
Rate of pay:	€20 per hour plus mileage allowance

Job Purpose

- To work on the 'For You' programme in Cavan and Monaghan which supports young people engaging with Child Protection and Welfare Services
- To work on a needs-led programme with young people aged 4- 18 through youth work interventions on a one-to-one basis.
- To plan and deliver sessions for young people during the day and outside of work hours including evenings and weekends.
- To ensure all provision meets safeguarding and health and safety legislative requirements
- To ensure that the programme delivers on targets and fulfils requirements as per agreement with Tusla partners.
- Transport children to and from Access Visits (optional)
- Supervise Access Visits (optional) and complete appropriate paperwork

Key Responsibilities and Accountabilities

- To develop appropriate relationships with the referred young people to ensure participation
- To liaise regularly with the For You Lead
- To support, monitor and review and report back on progress with young person
- To transport young people and accompany to appointments where required
- To complete the mentor's paperwork to ensure the payment system is followed and processed and records are updated.
- To carry out any other duties as required

Working Relationships

- Reports to the For You Lead
- Works closely with young people, staff, parents and foster carers

General

- The key responsibilities above give a broad outline of the functions of the post. However, these duties must be approached in a flexible manner.
- To adhere to existing work practices, procedures, undertake relevant training and development activities, respond positively to new and alternative systems.
- To demonstrate commitment to Include Youth by regular attendance and the efficient completion of all allocated tasks.
- It will be necessary to work with information technology and associated systems in accordance with Include Youth policies and procedures.
- To cooperate with Include Youth in complying with relevant safeguarding, health and safety legislation, and policies and procedures, in the performance of the duties of the post.
- To maintain confidentiality and comply with GDPR requirements and associated guidelines where appropriate



Person Specification

Experience

Essential Criteria

- 1 years' experience of working directly with care-experienced young people and/or young people from disadvantaged communities.
- CORU registered or in progress

Qualifications

Essential Criteria

- Professionally endorsed youthwork qualification or a degree level qualification within the youth work/social care/social work field.
- or
- working towards a relevant qualification at level 7 or above

Knowledge and Values

Desirable Criteria

- Knowledge and understanding of legislation and issues affecting young people from disadvantaged communities.
- Knowledge and understanding of the range of services involved with and supporting care experienced young people, and/or young people from disadvantaged communities.
- Commitment to Include Youth's values and children's rights.

Skills

Essential Criteria

- Excellent written and oral communications skills
- Proficiency in MS Word, Excel and Outlook
- Good report writing skills

Person Specification

Circumstances

Essential Criteria

- Hold a current driving licence and have access to a vehicle. This criterion may be waived if a disability prohibits the applicant from driving. In this case, please demonstrate how you would meet the mobility requirements of this post.
- Appropriate business insurance e.g. Class 2
- Ability to travel independently throughout the south of Ireland.
- Able to work outside normal office hours when required. This could be the evenings or over the weekend period to support staff who may be with young people..

This post is subject to Garda Vetting

Condition of Service

Rate of pay:	€20 per hour
Work Area:	Covering Cavan/Monaghan area
Probation:	3 months

Travel Expenses

Responsibility is on the employee to ensure that when using the car in the course of business, that proper insurance cover is acquired, and that the car is maintained in a road worthy condition. A mileage allowance will be payable by Include Youth towards expenses.

Vetting

The successful applicant will be asked to declare all pending prosecutions, convictions, cautions and bind-over orders. Applicants must complete the Garda vetting form which will be submitted to the Garda Vetting office for clearance.

Equal Opportunities Policy

Include Youth is an equal opportunity employer. The aim of its policy is to ensure that no job applicant or employee receives less favourable treatment on the grounds of nationality, race, ethnic origin, gender, marital status, sexual orientation, disability, religious belief or political opinion, nor should they be disadvantaged by conditions or requirements which are neither justified nor relevant to the job.

It is the responsibility of all staff to ensure a harmonious working environment in which the dignity of all employees and service users is respected.

Please read the following carefully before completing your application.

The application :

Applicants, please ensure that you first read the essential criteria on the person specification and the duties on the job description to see if you are suitable for the post.

Personal details:

Ensure that your contact details are clearly displayed. If you move address between submitting your application and being interviewed, please let us know as soon as possible. All personal details will be removed prior to the selection process

Shortlisting:

Applicants will be shortlisted against the criteria in the person specification.

The interview:

All shortlisted applicants will be contacted with an offer of an interview and this will be confirmed by email. You will be informed of the date, time, location and contact for the interview. If you have any special requirements that would enable you to participate more fully in the interview, please let us know in advance of the interview. Applicants will be asked questions relating to the job description and person specification and the panel will take notes during the course of the interview. This is part of the procedure to ensure that all applicants are treated equally, and to help us to make the right decision.

In preparation for the interview, please take the opportunity to read through the job description and any other literature sent as part of the information pack, and be prepared to talk about your experience, giving examples that illustrate your ability to do particular parts of the job.

How to Apply

Applications will only be accepted by CV. If you feel you are suitable for the post, please submit your CV with a covering letter or covering email detailing exactly how you meet each essential criteria on your CV – as this is what the short-listing will be based on. All documents should be uploaded by 12 noon on the closing date Friday 13th March 2026 to <https://hr.breathehr.com/v/for-you-mentor-44864>

The details of this job opportunity can be found on the Include Youth website, <https://includeyouth.org/all-about-us/careers/>, or by contacting jackie@ncludeyouth.org

We look forward to hearing from you, and wish you all the best in your application and the process ahead.

For any queries please contact jackie@includeyouth.org

Privacy Notice

Include Youth (referred to as "the organisation" throughout this notice) collects and processes personal data relating to job applicants as part of our recruitment process. We are committed to being transparent about how we collect and use that data and to meeting our data protection obligations.

This notice sets out the basis on which we collect, use and disclose the personal data of our job applicants, as well as your rights in respect of such personal data.

What information does the organisation collect and how?

Include Youth collects a range of information about you. This includes:

- your name, address and contact details, including email address and telephone number;
- details of your qualifications, skills, experience and employment history;
- information from interviews and phone-screenings you may have;
- information about your current level of remuneration, including benefit entitlements; information about your entitlement to work in the UK;
- equal opportunities monitoring information, including information about your ethnic origin, sexual orientation, health and religion or belief.

We may collect this information in a variety of ways. For example, data might be contained in application forms or CVs (including when these are sent to us as part of speculative applications or queries), obtained from your passport or other identity documents, or collected through interviews or other methods of assessment.

We may also collect personal data about you from third parties, such as references supplied by former employers. We will seek information from third parties only once a job offer has been made to you. Data will be stored in a range of different places, including on your application record, in our HR management systems and our email system.

Why does Include Youth process personal data?

Include Youth collects and processes your data for a number of purposes and where we have a legal basis to do so, as follows.

Include Youth has a legitimate interest in processing personal data during the recruitment process and for keeping records of the process. Processing data from job applicants allows us to manage the recruitment process, assess and confirm a candidate's suitability for employment and decide to whom to offer a job. We may also need to process data from job applicants to respond to and defend against legal claims. We will not use your data for any purpose other than the recruitment process of which you are a part

Who has access to data?

Your information may be shared internally within the organisation for the purposes of the recruitment process. This includes members of the HR team, interviewers involved in the recruitment process, and managers in the business area with a vacancy.

We will not share your data with third parties unless your application for employment is successful and an offer of employment is made. We will then share your data with former employers in order to obtain references. In addition, we may need to share your personal information with a regulator or otherwise to comply with the law.

How does Include Youth protect data?

Include Youth takes the security of your data seriously. We have internal policies and controls in place to ensure that your data is not lost, accidentally destroyed, misused or disclosed, and is not accessed except by our personnel in the proper performance of their duties.

For how long does Include Youth keep data?

If your application for employment is unsuccessful (including when you have speculatively applied to us in respect of a role which is not available), we will hold your data on file for 6 months. At the end of that period, your data is deleted or destroyed (unless we need to retain it for longer to exercise or defend any legal claims). If your application for employment is successful, personal data gathered during the recruitment process will be transferred to your personnel file and retained during your employment. The periods for which employee data is held will be provided to you in a separate privacy notice.

Your rights

As a data subject, you have a number of rights under data protection law. You can:

- access and obtain a copy of your data on request;
- request Include Youth to change incorrect or incomplete data;
- request Include Youth to delete or stop processing your data, for example where the data is no longer necessary for the purposes of processing;
- object to the processing of your data where Include Youth is relying on its legitimate interests as the legal ground for processing; or ask us to transfer your data to another organisation.

If you would like to exercise any of these rights or if you have any questions about this notice or our processing of your data more generally, please contact karin@includeyouth.org.

If you believe that the organisation has not complied with your data protection rights, you can complain to the Information Commissioner's Office.

What if you do not provide personal data?

You are under no statutory or contractual obligation to provide data to Include Youth during the recruitment process. However, if you do not provide the information, we may not be able to process your application.

Contact Details

Include Youth Ireland
Lifford Clonleigh Resource Centre
Croaghan Heights
Lifford
Co. Donegal
F93 WR22

www.includeyouth.org
@includeyouth