

# 「GIVE AND TAKE」

Give & Take improves the **employability** and increases the **self-esteem** and **confidence** of young people ages **16-21**, who are **not ready** to take part in a **training course, attend college** or **move into work**.

Give & Take **enhances** the **employability** of young people through the provision of **employability training** and **support** using a **youth work approach**.

- A tailored 12-18 month pre-employability programme for care-experienced young people
- Gain accredited qualifications
- Enhance personal development skills
- Employability support
- One to One mentoring
- Develop life skills
- Free lunch and travel



☎ 086 203 4028, Tallaght, Dublin

☎ 086 203 4030, Cavan

f i x @includeyouth

