

IT ADMIN ENGINEERING MECHANICS CONSTRUCTION TRADES  
GARDENING MAINTENANCE CATERING & HOSPITALITY RETAIL MEDIA  
SOCIAL CARE AGRICULTURE HAIR & BEAUTY MANUFACTURING HEALTH  
SPORTS & FITNESS WORK WITH ANIMALS MUSIC DESIGN DRAMA



# GET INVOLVED!

## WORKPLACE TASTERS

It can be difficult for young people to decide on a specific career to pursue; therefore the impact of taster days on career decision-making cannot be underestimated.

Tasters give young people the opportunity to witness first-hand what a typical day in a particular job or environment might be like. They are organised on an individual basis over one or two days, and the young person is often accompanied by a member of Include Youth staff at the beginning of the sampling day.

Even if the employer cannot offer a longer term placement, we are still interested in hearing from organisations that can provide taster days across any area of work.

**PLEASE CONTACT JACINTA TOTTEN ON 07525298490 OR  
EMAIL JACINTA@INCLUDEYOUTH.ORG TO FIND OUT MORE**

include  
**YOUTH**

[www.includeyouth.org](http://www.includeyouth.org)