

include YOUTH

Volunteer Mentor Personal Specification

Post: Volunteer Mentor, Mentoring Matters

| Category | Essential | Desirable |
|------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Experience | | Working with young people on a group or one to one basis |
| Knowledge | A knowledge and understanding of issues affecting young people | An awareness of youth culture |
| Skills | <p>Good communication skills</p> <p>An ability to engage with young people</p> <p>Ability to motivate others</p> <p>An awareness of appropriate boundaries expected in a mentoring relationship</p> <p>Ability to use own initiative</p> <p>Reliable</p> <p>Resourceful</p> <p>Empathetic</p> | <p>Active listening skills</p> <p>Administration skills</p> <p>Activity planning skills</p> <p>Handling money for activities</p> <p>Hobbies and interests</p> |

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| <p>Values</p> | <p>A commitment to children and young people's rights Approachable</p> <p>Impartial</p> <p>Patient</p> <p>Non-judgemental</p> <p>Respect for the beliefs of others</p> | <p>Good sense of humour</p> |
| <p>Special Requirements</p> | <p>Commitment to Mentoring Matters for 18 months</p> <p>Commitment to a young person for 12 months</p> <p>Be 21 years old or over</p> <p>Be willing to undergo an ACCESS NI check</p> <p>Be willing to use own car (and provide details of insurance) or public transport for the purposes of mentoring</p> | |

For further information contact Dearbhla Holohan,
Give & Take Scheme Personal Development & Mentoring Coordinator, Include Youth,
Alpha House, 3 Rosemary Street, BELFAST, BT1 1QA

Dearbhla@includeyouth.org 028 9031 1007
www.includeyouth.org twitter.com/includeyouth