



Mentor Role Description

Title:	Volunteer Mentor, Mentoring Matters
Responsible to:	Personal Development/ Mentoring Worker
Main role:	To mentor a young person aged between 16-21 years old on Include Youth's Give & Take Scheme

Roles Involved in Mentoring:

- To build a relationship with a young person (mentee)
- To plan and participate in mentoring activities with a young person
- To set and work towards agreed goals
- To encourage the young person to enhance their personal development and social skills, and to increase their confidence and self esteem
- To help the young person progress to further training, education or employment.

Task Involved in Mentoring:

- To complete OCN Level 2 'Mentoring Young People at Risk' training and assessment
- To meet a young person once a week for two to three hours
- To attend and participate in monthly supervision and/or support sessions
- To participate in other activities when required, for example, training and team building days
- To maintain appropriate records of expenditure
- To complete monthly feedback sheets in conjunction with a young person.

Time Commitment:

- To complete the three day training programme 'Mentoring Young People at Risk' at OCN Level 2
- To commit to the programme for 18 months in total including a 12 month commitment to a young person
- To meet with a young person once a week for two to three hours at an appropriate location and time
- To attend monthly supervision and/or group support session.

Expenses:

- Plan monthly expenditure of £40 per month in conjunction with a young person
- Keep all receipts and claim back expenses on a monthly basis
- Maintain records of travel expenses and claim back on a monthly basis.

**For further information contact Dearbhla Holohan,
Give & Take Scheme Personal Development & Mentoring Coordinator, Include Youth,
Alpha House, 3 Rosemary Street, BELFAST, BT1 1QA**

**Dearbhla@includeyouth.org 028 9031 1007
www.includeyouth.org twitter.com/includeyouth**